

ORIENTING – VERMUNT’S LEARNING STYLE TEST

The learning style test is a short version of the Inventory Learning Styles, developed by Prof. Dr. J. Vermunt. It can give you some insight in your way of learning. Count all your scores, then look at the next page to see how high you score on the four learning styles.

		1	2	3
1.	I know I master the material if I can make all the assignments in the study materials.			
2.	I have difficulties with processing a large amount of materials.			
3.	I have to be able to use what I learn to solve practical problems.			
4.	I often find it difficult to determine whether I master the materials sufficiently.			
5.	I try to bring together separate subjects to form a unity			
6.	For this study programme I especially want to acquire professional competence.			
7.	I come up with example questions about the materials myself and by answering these I test my learning progress.			
8.	I always want to apply the knowledge that I got from taking a class as much as possible.			
9.	I learn lists of features of a particular phenomenon by heart.			
10.	I’m afraid that this study programme will be too difficult for me.			
11.	I have chosen this study programme because the profession it leads to interests me a lot.			
12.	I study according to the instructions in the course materials.			
13.	I try to evaluate the interpretations of experts critically .			
14.	It is often unclear to me what I have to remember and what I don’t.			
15.	I add different sources of info to the study materials.			
16.	I finish a learning unit (chapter...) point by point and study each completed part of the course separately.			

1 = not/barely recognizable in my way of learning

2 = to some extent recognizable in my way of learning

3 = pretty/easily recognizable in my way of learning

Question	Score	Question	Score	Question	Score	Question	Score
1		2		5		3	
9		4		7		6	
12		10		13		8	
16		14		15		11	
Total R		Total N		Total M		Total A	

Four learning styles

Reproduction-oriented (R)

- Learning step by step
- Test-oriented
- Getting your diploma is most important
- Guided by books/documents

Application-oriented (A)

- Profession is central
- Concrete examples
- Always apply theory
- Are sometimes guided, but also figure out things yourself

Meaning-oriented (M)

- Question knowledge
- Learn from interest in the material
- Structure knowledge in your own way instead of taking over the structure of the book
- Learn independently
- Make relations between the parts of the material
- Analyse the material

Not Oriented (N)

- Can't make a difference between essentials and side issues
- Doubt your study choice
- Have difficulties with learning independently

12 tips to influence your learning style

Enhance application- and (especially) meaning-oriented learning by:

1. Reflect, think critically about your learning
2. Watch how others address learning
3. Critically evaluate information
4. Make links yourself, e.g. between new materials and materials you have already seen
5. Come up with examples for the materials studied yourself
6. Don't be too dependent on others ('what do we have to learn exactly for the exam?')
7. Look at situations from different perspectives
8. Don't see your study merely as passing the exams
9. Plan well and study regularly so that knowledge remains longer instead of 'last minute studying'
10. Make a good distinction between essentials and side issues
11. Generate example exam questions
12. Search for literature yourself (also beyond the materials)

References

Inventory learning styles by Prof. Dr. J. Vermunt

https://ebrary.net/13925/psychology/inventory_learning_styles_higher_education

More information via this [document](#).